



No.81—Autumn 2023



Photo—William Sudell—WSC

Update on Brightwell Lakes

August 2023

The next scheduled meeting of the Brightwell Lakes Forum is not until on September 11th so there is not a huge amount to report at the time of writing this update. Items from that meeting which have an impact on Waldringfield will be posted on the village email group, Waldringfielders. You can also visit the Taylor Wimpey Brightwell Lakes website at: -

www.brightwelllakes.co.uk

Roadworks on the A12

These have been progressing throughout August with lane and speed restrictions on both carriageways between the Aldi and Foxhall Roundabouts.

Some of the work, mainly resurfacing of the amended carriageways, necessitates phased closure of the carriageways. This work will be carried out overnight, 9pm to 5am, firstly on the southbound carriageway and then on the northbound. Some residents, depending on the wind direction, may hear/have heard some of this work taking place. The night working is due to complete by September 4th.

Show Homes on the first phase of the development

The ground works continue and first show homes are currently under construction. The first occupants are expected from the summer of 2024.



Photos of Package E1A construction — Ian Kay

Our next update will be in the Winter (December) Parish Newsletter.

Cllr Janet Elliot



Waldringfield Sailing Club

Established 1921

Sailing has continued in rain and shine over the season so far. We held a very successful Regatta in June with many types of boat sailing, culminating with the Yachtsman's Service attended by the Woodbridge Excelsior Band. They have most kindly been attending this community event for decades – many of us can remember them being there back to the time of Canon Trevor Waller.



June Regatta—Photos —Alexis Smith

We have a forthcoming event at the Sailing Club that all are welcome to attend – a visit by the RNLI Inshore Lifeboat on 30 September from about 1100 – 1130am. The boat and crew are operational so they will have to leave us (or even not attend) if they get a callout. At the same time, until early afternoon, the RNLI pop-up shop will be in the clubhouse selling Christmas cards, calendars and other items (Cash and cheque only as unfortunately credit cards cannot be accepted). That afternoon Club members will sail an annual race for which the overall winner is awarded an RNLI Pennant.

Some sailors have ventured further afield during the year including some of the Cadets to their World Championship in Belgium – no podium finishers this time, but useful sailing and racing lessons will have been learnt. Twelve boats (Toppers and Cadets) from the Club took part in the RYA East Regional Junior Championships at Grafham Water in June and won the trophy for the club which had the most boats competing. Other members have attended various national championships whilst yachts has ventured further afield to places as distant as the Mediterranean.

Sailing at the Club continues at weekends until the middle of November, but the Wednesday Night series ended in August. In September we are holding the Cartoon Trophy Weekend, the prizes for which include some made by local acclaimed cartoonist Carl Giles – this is an open event where sailors from other clubs are invited.

If you wish to know more about sailing or the Club please come down for a chat anytime we are open (mainly Saturdays and some Sundays at this time of year), or look at the website www.waldringfieldsc.com

William Sudell
Club President



Waldringfield Gardeners

Open Gardens in May: This was a real wow! The weather was wonderful, seven gardens were open and looking luscious (before the drought!), visitors came in larger numbers than ever before, there had been a little flurry of scarecrows and

love poems to hedges, the Morris men and women danced and the cream teas team were kept extremely busy. Once again James and Rolls Barclay kindly provided parking as well as opening their marvellous garden. We were able to donate £1,610 to the St Elizabeth Hospice and are working even now to confirm a date for next year.

Organisation of the event passes now to Nell Sully, co-chair of WG and creator of the beautiful posters we now enjoy – many thanks to those who have minded it up to now, especially our Treasurer, Alexis Smith.

The Produce, Flower and Craft show on August 12th attracted more villagers than ever, both making entries and then coming to admire the produce – lots of long stems of rhubarb, and runner beans, but much veg has been unpredictable, echoing the weather this summer – nevertheless many cakes and bakes, flowers and some outstanding craft. Ian Kay won the Challenge Cup with most points

in show and Jackie Brinsley was The People's Choice for her drawing of a spaniel. So many folk wanted to sit around to chat over tea and cake that half a dozen extra tables had to be improvised from the staging. The auction of produce, consolidated into a dozen generous boxes, saw rapid bidding. This publication date was before the accounts are complete, but this event will add a useful sum to the fund for setting up allotments in the village when we have succeeded in finding a site.



Forthcoming events:

Friday 29th September: Group visit to Beth Chatto Gardens. £12 per person (a reduced price for group booking). Shared transport. Arrive at the garden for a 10 am start so that we are done before the afternoon visitors flood in. Open to WG members, and all Waldringfielders are also invited to take advantage of this opportunity (donation to WG £2.00)

Saturday 28th October: Pumpkin Party. No plastic or explosions but plenty of fun with Lantern Parade to the river through Church Field, ghost story etc. 5.00 onwards starting at the Village Hall.

Wednesday 22nd November: AGM of WALGA (Waldringfield Allotment and Leisure Gardeners Association) aka Waldringfield Gardeners, 7.30pm in the Kennedy Room at the Village Hall

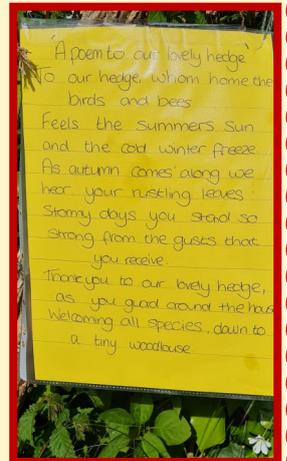
Thursday 23rd November: WG, WWG and GW all co-operate in a Celebration of all they have done this year. Talk by Eamonn O'Nolan of Woodbridge Climate Action Centre reporting on the Adaptive Action Planning for Climate Change and Nature Recovery. Wine and nibbles. Village Hall 7.30

Saturday 25th November -Winter Floral & Wreath making event

Annual Winter Greenery Workshop on in the Village Hall 10.00 am- 1.00 pm. Learn from a professional how to make a wreath, swag/garland or table centre piece. Prices £11 Workshop, plus materials, depending on what you are making. * Free refreshments will be served. * Please let Alexis know if you would like to reserve a space.—email : g1dik@btinternet.com



Open Gardens 2023



Photos—Tracy Dickerson

Warm Room Initiative 2023-24

The parish council is delighted to announce that the weekly Warm Room sessions will be resumed this winter.

The feedback from the volunteers and residents attending the Warm Room earlier this year was extremely positive and the parish council has been exploring ways in which it might be able to continue a slightly modified service which is responsive to the needs of our local community.

The initial Warm Room programme was funded by a grant from ESC alongside the generous donations of provisions from Deben Inns. When the weekly sessions ended in May any remaining groceries and provisions were donated to local food parcel charities.

We were expecting that ESC would require us to return the remaining balance of the grant, however we are delighted to say they are allowing us to use the balance of the grant for a modified scheme this coming winter. So many thanks to the ESC Community Fund Team.



The weekly Warm Room will be open every Wednesday afternoon during the winter months from **late October 2023 to mid March 2024**, with a short break over the Christmas period. **The opening hours will be shorter, 2pm to 4.30pm.**

The format will be similar, wi fi access, board games, information on local support providers, lots of chat, plus tea, coffee, biscuits & cake. The sessions will be held in the Kennedy Room at the Village Hall. There is no charge and everyone is invited!!

Cathy & I will continue to organise the scheme but, as before, its success will be entirely dependent on a rota of volunteers to take turns to set up the room and to be on hand to serve the refreshments.

Last time this meant a commitment from each volunteer to just 2 or 3 very enjoyable sessions over the period. It would be marvellous if we have a similar number of volunteers for this new winter season. So.....

Volunteers Needed Please

*If you are able to spare a few hours or would like more information please contact Janet Elliot or Cathy Couchman
Via janet.elliott@btinternet.com or cathysept@gmail.com*

Thank you very much for your support.

Cllr Janet Elliot



MacMillan Coffee Morning



In addition to the coffee morning on Thursday 7th September, The Coffee Morning Team will be hosting a Macmillan coffee morning on **Thursday 28th September from 10am to noon.**

All proceeds will be donated to this charity.

Any donations of cakes and/or raffle prizes will be much appreciated. We are happy to collect.

We look forward to seeing you there.

****Please note – there will be no coffee morning in October****

Chris Lyon – On behalf of The Coffee Morning Team – 01473 736291

Your Parish Councillors:

Ian Kay (Chair); Janet Elliot (Vice Chair)
Serena Gold—Colin Reid
Nigel Shore—Sue Quick
Cathy Couchman

To contact the Clerk:

Jennifer Shone-Tribley

Low Farm, Ipswich Road, Waldringfield, IP12 4QU

Telephone: 01473 736475

E-mail: pc.waldringfield@googlemail.com



ALL PARISH COUNCIL MEETINGS ARE OPEN TO THE PUBLIC
and held on the second Tuesday of the month, in the Kennedy Room at the Village Hall—starting at 7:30pm unless otherwise notified.

Next meeting: 12 September 2023

Celebrating 140 years of music!

Woodbridge Choral Society is a much loved and long established classical choir which has played a significant role in the cultural life of the local area since it was established in 1883. Today, 140 years later, the choir is flourishing, non-auditioned and open to all, with around 90 members. Our repertoire is mainly classical choral music from the great composers of the past but it also includes 20th century works and pieces from the modern era. We perform two or three concerts every year and are fortunate to be directed by Andrew Leach, formerly Musical Director of Ipswich School, chairman of Ipswich Chamber Music Society and organist at St Mary Elms, Ipswich. We are fortunate to be able to work regularly with talented soloists and musicians who support all our concerts. Some are former recipients of Elizabeth Harwood Awards as well as choral and organ scholars from Cambridge University.

The joy of singing brings numerous health benefits to our members, friendship, a sense of community and the chance to learn and perform great choral works. Belonging to a choir can be an immensely satisfying and enriching experience culminating in the sense of achievement and the joy of being part a high quality performance.

Our coming season promises to be an exciting one. What better way to celebrate Christmas than with a performance of Handel's Messiah and the Vivaldi Gloria in St Mary's Church, Woodbridge? Later in March, there will be a unique opportunity to perform at Snape Maltings in Mozart's Requiem and to per-

form a modern work by composer, Ben Ponniah, a young British composer whose choral work has been broadcast on BBC Radio 3. Ben will be visiting the choir during one of our rehearsals.

If you are interested in joining our choir, please do come along and try us out on Tuesday 5th September when you will receive a warm welcome as well as a chance to chat to our members over a glass of wine. Details on the poster. Several Waldringfield residents are members and we would all be very pleased to offer you a lift. If you aren't sure about singing, please do contact us to reserve your tickets for our Christmas concert, a perfect way to entertain family and friends and to start the Christmas festivities in style on Saturday December 2nd.

With best wishes

Jane Hall

Chairman, Woodbridge Choral Society

Come and Sing 
Founded 1883

TASTER REHEARSAL

Tuesday 5th September
7.15 - 9.15pm at Kyson★

New Season 2023-24

St Mary's Church, Woodbridge
Saturday 2nd December 2023
Handel *Messiah (Part 1)*
Vivaldi *Gloria*

Snape Maltings
Saturday 2nd March 2024
Mozart *Requiem*
Beethoven *Choral Fantasia*
Ben Ponniah *Begin*

**Woodbridge Choral Society welcomes singers
in all voice parts - join us in our 141st year**

★ Rehearsals - Kyson Primary School Hall IP12 4HX
Please register - secretary@woodbridgechoralsociety.org

 www.woodbridgechoralsociety.org 
Charity No. 276627

Waldringfield Sessions **No. 1**

Waldringfield Sessions coming this October.

Simon Couchman and Neville Stein are going to be hosting a live music evening on Saturday 21st October at the Village Hall.

Tickets are only £10, and this is just to cover the cost of hiring the group, the venue, the staging and providing a licensed bar.

If the evening proves to be a success, they will look to organise more live music events throughout 2024. Any subsequent gigs will include an aspect of fundraising for local charities and causes too.

Playing and singing for us on the 21st October will be popular Folk Duo, Christina Alden and Alex Patterson.

As well as regularly touring the UK, they have written music for the BBC, received very positive reviews in the national press, and have had over a million plays on Spotify.

If you'd like to see more events featuring music from local artists and bands, coming to Waldringfield, then please support us by purchasing a ticket and joining us for an evening of gentle musical entertainment.

Tickets are on sale now and you can buy them on line at:

[eventbrite.co.uk/e/christina-alden-and-alex-patterson-live-in-concert-tickets-615083470217?aff=ehometext&keep_tld=1](https://www.eventbrite.co.uk/e/christina-alden-and-alex-patterson-live-in-concert-tickets-615083470217?aff=ehometext&keep_tld=1)

or direct from Simon, by emailing Simoncouchman@hotmail.com or phoning 07515385550.



Fun Quiz Night

Waldringfield Village Hall

Friday 24th November 2023—7pm for a 7.30pm start

Bring your own drinks, nibbles, and glasses

Teams of up to 6 people

£5 per person - cash on the night please

Optional "Heads and Tails" game to start (£1 to enter)

Raffle

Proceeds in aid of Waldringfield Village Hall Trust

To book a table, please contact: Chris Lyon – 01473 736291



Waldringfield History Group

Waldringfield History Group's main aim is to research & record the history of the Village, which includes present day changes & tell the village of their findings. Different members have different interests and their work usually reflects that. We also collaborate with research for example in the "Waldringfielders in the Frame" talk in April. It is amazing how often something is discovered from an unexpected source. Researching some of the

characters in the Giles Cartoon certainly widened my knowledge

Our first meeting of the new season is often used to update our summer's research and plan the winter. It would be shame if the most historic building in the Village - The Church of All Saints - were to close, so no doubt this will be a point of discussion at our September meeting, especially as we have been trying to help with the Graveyard Project.

Coming soon: In September, The Ipswich Society are coordinating the **Heritage Open Days** in Ipswich. Ipswich has nearly 700 listed buildings. Many of them will be opened, so if you have ever wondered what a building is like inside – now is your chance!

- The heritage days are **9th & 10 Sept**,
- **11th to 15th Sept** will be "Walks & Talks" focusing on Thomas Wolsey, Life in Tudor Ipswich etc..
- **Sat 16th & Sun 17th Sept** Historic building in the Greater Ipswich area will be hopefully opened to the public.

More details will be available from Ipswich Town Hall, Northgate Street Library, Ipswich Institute & the Hold in Fore Street . We will see if there is any interest in a group visit to some of these old buildings or one of the "Walk & Talks".

There is also **The Suffolk Family History Fair** being held at The Hold, Fore Street, Ipswich on **Saturday 14th October 10.00 am to 4.30 pm** free entry.

We meet from September to March in the Kennedy Room at the Village Hall usually on the 2nd Thursday of the month at 2.00 p.m. The Subscription is £10 per year. For more information please contact Hon Sec Margaret Lake 01394 283347 or waldringfieldhg@gmail.com

Our next meetings are on **14th Sept, 5th October & 9th November**. Please come along if you would like to join us or find out more

Greener Waldringfield



Elephant Hawk-moth

We're all familiar with constant news of declining insect, bird and reptile species and sadly this is undisputed. However, actions taken by so many residents in the village, such as installing swift boxes and wilding parts of their garden is testament to people's desire to do whatever they can to protect our part of the planet. We would like to commend those people in the village that have had some lovely wild flower gardens - seen as we drive through the village.

The land that we own, our gardens, verges etc, can make a significant difference and potentially halt the decline by growing native endangered species. We know that some of these changes require sacrifice by some. But it is paying off. A recent moth trapping by WWG recorded 74 species of moth and nearly 300 trapped in all (all safely returned to the wild), including a rare Goat Moth and a spectacular Elephant Hawk-moth.



Harebell



Yellowhammer

The butterfly walk on Church Field turned up a Grayling - a nationally scarce species, along with many grassland species such as Meadow Brown and Gatekeepers and many others beside. The eco-friendly management of Church Field also attracts good numbers of Linnet, Goldfinch and occasional Yellowhammers (a red-listed endangered species) – to name but a few.

Updates & Diary Dates:

The **Green Infrastructure Workshop** organised by Greener Waldringfield and facilitated by Prof Peter Hobson takes place at Waldringfield Village Hall on 30th August with 37 stakeholders confirmed to date.

Next **Repair Cafe** is Saturday October 21st.

Next **Litter Pick** is October 26th.

Greener Waldringfield **Celebration Party** November 23rd (details to follow)

River Deben Water Testing:

Greener Waldringfield attended a meeting of other testing groups organised by Woodbridge Climate Action Centre to discuss the next steps in broadening the testing both geographically and by types of pollutants. If you have regular access to the river and would like to help keeping users of the river safe from pollutants, please contact us via: info@greenerwaldringfield.org. If you would like to get involved in Greener Waldringfield, we'd love to hear from you. Either email us via the above address, or come to one of our monthly meetings, the more the merrier.

Chris Baldry, Vice Chairman GW





Waldringfield Wildlife Group exists to conserve, enhance and record the local wildlife; to protect wildlife habitats and encourage biodiversity; to encourage wildlife-friendly management of land, gardens and public spaces and to encourage a greater interest in the knowledge and love of wildlife in general.

Meetings & Talks are in the Deben Hall at the Village Hall.

Members meetings start at 10.00am which precede the talks.

Refreshment break 10.45am.

Talks start at 11.00am unless otherwise stated.

Visitors welcome.

Members: No charge

Admission charge: £3.00 for visitors and non-members.

Field Trips: Please inform Linda Wilkins or Jill Winter if you are joining any of the field trips/guided tours.

Note: Priority to paid up members for all field trips.

New members welcome: **Annual Membership £10.**

For further details contact:

Coordinator: Linda Wilkins—h: 736044; mob: 07788286482

linda.thequay@btinternet.com

Secretary: Jill Winter h: 736125 jillwinter2@gmail.com

Treasurer: Alexis Smith h: 736257 g1dik@btinternet.com

Statement Covid safety : Please do not attend if you or a member of your household test positive or are feeling unwell. Use the hand sanitiser at the door. Chairs will be spaced out in this larger venue and will be ventilated, wear warmer clothes. As you will be aware, this virus has not gone away and there is still a risk of passing on infection. So we would ask everyone to act in a way which protects the safety of others, particularly those who still feel vulnerable. For example, we should avoid having too many people close together indoors, and maintain some level of distancing

October 14th -**AGM—10am** followed by an illustrated talk by Gi Greiko, Suffolk Bird Group: Bird sightings and locations in our locality.

December 16th Illustrated talk by Duncan Sweeting, Principal Ecologist, DSC Ecology. Animal tracking and signs. Followed by members bring and share lunch

<https://greenerwaldringfield.org/>

Hedgehog Corner

The emphasis from the Hedgehog Street people this summer has been on making sure there are ways for hedgehogs to get around the place, to find the food they need and a mate. Several fencing manufacturers have started producing gravel boards and the like with the right size holes for hedgehogs to get through between gardens. These are put in when the fence is erected.



Photo—Jackson Fencing

This one is from Jacksons Fencing, other fencing companies are available as you can see by looking at the Hedgehog Street website. Also on Hedgehog Street is the interactive map where you can log any hedgehogs seen or detected, and also any access holes you put in for them, home - made or manufactured.



Seen in Newbourne

Currently the Hedgehog Preservation Society is running a hedgehog friendly football league HFFL to encourage grounds staff and members to watch out for hedgehogs before using power strimmers and the like. They have a league in parallel to the official league so any club can join no matter how lowly. They will supply stickers to put on all machinery to remind the operator to check for hedgehogs before starting work.

<https://www.britishhedgehogs.org.uk/more-clubs-set-to-score-as-hedgehog-friendly-football-season-kicks-off/>



Several hedgehog feeding stations or shelters have been acquired by the Waldringfield Wildlife group donated by the AONB (Suffolk Coasts and Heaths Area of Outstanding Natural Beauty) and these are located in various gardens in the village. Food is put out at night and so far it is being eaten in some cases but by whom? The shelters have baffles inside to hopefully prevent large animals such as cats and dogs from getting in, not to mention foxes and badgers.

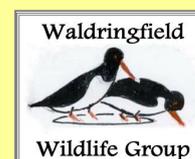


One of the hedgehog shelters supplied by AONB – not difficult to make if you are handy. Some detective work is going on to find out who is eating the food!

The Wildlife Group continue to monitor hedgehog sightings including droppings (black and elongated) and dead hedgehogs. On the interactive map (Hedgehog Street Big Hedgehog Map) there are sightings in Village Way, Cliff Road, Low Farm and at Waldringfield Heath for this year. Please inform me if you see anything.

Christine Fisher Kay

736384 For Waldringfield Wildlife Group



Waldringfield Church Field Trust

This spring, the ride on mower originally donated by Martin Lloyd finally came to the end of the road. Meanwhile, the rainfall in July was nearly three times the average. Everyone has noticed the grass and other plants growing taller, the brambles reaching out across pathways, and gorse putting on spikey extensions. As we were unable to source a replacement mower, the East Suffolk team were asked to come and mow the field. The main area was marked out for them a few metres away from the previous north edge to try to avoid nesting skylarks. They also cut round all the picnic tables and the basketball area, and all the paths giving access to seats etc. Their mower at 1.75m cut a wider swathe than the old one. A couple of short lengths of path were omitted whereas some which had vanished were re-instated. These small changes will be sorted out by subsequent work parties.



The 'games area' including the re-located goal post is now about 79m long, thought to be enough for an informal game of footie and another activity perhaps at the same time. The area where the goal post was last year was avoided so it would be allowed to recover. A swathe of vegetation was left to separate the footpath from the games area the intention being to cut wide paths through it (this has now been done).

The rain has brought on a mass of hare's-foot clover, yellow hawkbit and grasses, which was partly left standing outside of the games area for the benefit of butterflies moths and bees. The range of different heights gives most benefit to insect life and also looks more interesting than large areas of closely mown grass. The exact areas vary from year to year depending on the weather.



Hare's Foot Clover

The mowing was followed by a work party when about 14 people turned out to cut back brambles where these intruded on the footpaths, cut back gorse where this was threatening to meet over a pathway, and rake off grass cuttings from the games area. The entrances were also strimmed to give better sightlines on Mill Road. Many thanks to all who helped with this.

Waldringfield Church Field Trust *contd.*

The next day (26th July) the Waldringfield Wildlife Group had their summer picnic on the field. About 14 came to this event which was preceded by a butterfly survey. There were 12 species of butterflies spotted including Red Admiral, Peacock and Painted Lady, as it was a sunny day and the Buddleias were in full flower. Grassland species were also seen such as Meadow Brown, Gatekeeper, Small Copper, Brown Argus and a scarce Grayling butterfly.



WWG Picnic—photo Ian Kay

Church Field is managed by a committee of Trustees of whom two are Parish Councillors, three represent village organisations and one is currently an elected member. Anyone having concerns about the field in any way is asked to contact one of the Trustees. The AGM is at the end of November. The Trust Deed is quoted below as it is at all AGMs:

The objects of the Charity are to provide in the interests of social welfare a public recreation ground and playing field for the use of the inhabitants of the village of Waldringfield and its neighbourhood together with such associated charitable facilities as the Committee may decide.

The definition of a public recreation ground has been taken from the first as whatever outdoor recreational pursuits are wanted by the people using it. *C.Fisher Kay—Waldringfield Church Field Trust*

VILLAGE HALL WINTER TALKS

Friday 3rd November

Andy Beharrell—Smuggling on the East Coast



The golden age of smuggling was the 17th and 18th centuries. Andy will examine what was smuggled and why, together with the highly creative methods used by the smugglers to evade capture. He will also look at the various government attempts to prevent smuggling and their effectiveness. A former teacher, Andy is a volunteer with the Woolverstone Project.

Friday 8th December

Geoffrey Mayhew - Agriculture Today : My Journey in the Farming Business



Geoff Mayhew farms 2000 acres on the Shotley peninsula. He has participated in various land management initiatives and gives occasional public tours of his farm. He says : I am one of four boys born in Home Farm, Woolverstone, to Jimmy and Janice Mayhew. Thus farming has been in my blood since 1959. He adds that he is a keen all round sportsman.

A Tree Warden Writes

More free trees!

This autumn the Woodland Trust will again be making available tree packs and hedgerow packs. There will also be different types of hedgerow packs, with more information to follow. If you have the space to plant a native hedgerow and are interested in the free packs please get in touch with me. If you have room for a wood, all the better. Usually these offers come with posts and guards supplied.

There will also be offers from the Tree Council, yet to be announced. Those of us in the village with tree nurseries have been continuing to develop a range of hedging species, mostly native, for thickening up existing hedges locally and planting new ones. Other trees are more suitable for individual planting such as alder, silver birch and rowan. If you are interested in any of these please get in touch. There are also plenty of pot grown oaks, sweet chestnut and hornbeam as young trees about 90cms high. These all grow pretty well in our area. The alder require a moist soil so better for the patches of heavier clay soil which exist near the river. They make quite large and attractive trees.



Alder trees in winter

I also have horse chestnuts originally grown by the children of Waldringfield School if anyone fancies growing a conker tree. In the future perhaps the diseases affecting these will be less prevalent and they should make a handsome tree.

The tree wardens have been assessing the trees in the scattered orchard with a view to carrying out pruning in the winter, and in some cases replacements where the tree has died, fortunately very few. All these are planted where people can access them and pick the fruit. Please pick in moderation leaving plenty for people who follow on. As the trees get bigger there should be more fruit for everyone.

Tree wardens have to look at planning applications where trees are involved. As more and more building goes on in the village it is important to try to preserve the atmosphere of a leafy canopy of different types of trees and gardens with green hedges. These are not just pretty but also contribute to the coolness of the air and increased levels of moisture and oxygen in it, while filtering out pollution if placed well. Trees have nearly all of their roots in the top 3-400mm of soil and these roots need water and air to grow. We need to think carefully before putting down hard standing which compresses the soil and the roots in it. The importance of living in attractive natural green surroundings is also well known, after many studies over the years, to help with mental health. We are very fortunate in Waldringfield that in the past people had the forethought to plant the trees and hedges we see now.

Christine Fisher Kay—Tree Warden

ALL SAINTS CHURCH



We were delighted to announce that we have a new Vicar. He is The Rev. Nicholas Williams. He has so many diverse interests and, we are sure, will have a very positive and dedicated influence on the Diocese. He will be joining us at around Christmas time when we will welcome him with great anticipation of a happy, interesting and helpful time ahead.

Our recent idea of creating a 'Friends of All Saints Group' has been well received and we have received ideas and generous plans for helping us keep the church open and thriving from over 40 people in the village for which we are massively grateful.

We have also produced a 'Local History Guide', copies of which are in the church for everyone to look at. It is most interesting!

The Parochial Church Council

WALDRINGFIELD VILLAGE HALL TRUST LOTTERY

A big thank you from me to my colleagues, the Collectors, and to all of you who have supported the Village Hall Lottery for the year that commenced on July 1st 2023 - there are now 312 numbers sold for the monthly draws between July 2023 and June 2024. The proceeds from the Lottery make a valuable contribution to your hall fund raising. I must also thank a number of you who have not joined the Lottery for your own reasons but have made a donation to the WVHT funds, much appreciated.

Many of you know what I am talking about because you are subscribers to 'Waldringfielders' where I publish the results monthly with the occasional news comment. For those of you who do not know about the WVHT Lottery you now have a little information and if this has whetted your appetite and would like more detail, please do not hesitate to contact me and perhaps even to join in ! Remember, it's never too late to join in or add an extra number just contact me !!

The monthly draw takes place at the Coffee Morning held on the first Thursday of the month. This is a chance for those of you are convinced their number is not in the draw or in some way it is contrived to make sure you don't win, to see or even take part in the draw yourself. I must reiterate, it is not my fault if your number is not drawn !!! Thanks again for your support.

Monthly Prize List as at July 1st 2023

First Prize	£ 50.00
Second Prize	£ 40.00
Third Prize	£ 28.00
Fourth Prize	£ 18.00
Fifth Prize	£ 13.00

Monthly Draw - £1 per number

Contact:

Nigel King, Promoter

lottery@waldringfieldvillagehall.co.uk

01473 73606 OR 07703 569364

Bounce Back is back!

Bounce back exercise class will resume on **Monday the 18th September at 11.45am.**

This hour of exercise, formerly known as Better Balance, focuses on building core strength and flexibility, both vital for maintaining good balance and mobility. Gentle cardio, stretch and strength are all included in a mix of seated and standing movement.

Classes are £7 .00 each, payable at 4 week intervals -- £28.00

As we move into our 50s, incorporating regular gentle exercise challenges into our day helps us to maintain health, happiness and wellbeing. Come along and join your friends and neighbours on 18th September. Classes continue to be led by Joanne Powley. Any questions to Mary Beth Skellorn 01473 736306



MARTLESHAM HEATH SURGERY – PPG NEWS

The Martlesham Heath Surgery Practice and Patient Group (PPG) recently met for our July meeting. The PPG discussed several different items with input from both the patient members and the Practice Manager, including:

- The new Wolsey Primary Care Network (PCN) which has been formed by Martlesham Heath Surgery, The Birches and three other surgeries.
- The benefits of the new PCN for both the patients and our surgery.
- 2023 Flu Clinic & Covid Booster campaign.

The 2023 Flu Clinic's will begin at the surgery in mid September. Currently dates are being offered for the following patient groups Over 65's and 18-64 with Chronic Conditions.

The Flu Clinic dates are Saturday 16th September and Saturday 30th September.

Patients will be notified by text or letter and details will be displayed at the surgery, of the clinic date and times for their Flu Clinic

If patients are not able to attend the allotted date and or time, catch up clinics will be arranged.

If you are interested in finding out more about the PPG please either email me at MartPPG@gmx.com or drop a note (with your name & contact details) into the surgery reception in an envelope marked for my attention (Tony Willmott, PPG Chair).

Tony Willmott - Chair, Martlesham Heath Surgery PPG



The Village Hall

As the summer fades and the days shorten, we all need something to look forward to. Well here is something to look forward to – **The Harvest Supper Party!** Please put the date in your diary – **Saturday 28th October!** (The Village Pantomime will be held as a separate event). Further details will be forthcoming on 'waldringfielders' and at the September coffee mornings. Last year's event was a sell-out so be sure to book your tickets early!



Cast of "Aladdin" 2022—Photo courtesy of Nigel Shore

The eagle-eyed of you may have noticed some subtle changes at the Village Hall over the summer months. Two dead trees at the rear of the Hall were removed, thanks to the sterling efforts and skills of John Nayler, ably assisted by Rob Forsdike, Tony Lyon and Bob Bradley. Inside, a second trolley for storing tables has been purchased, with the aim of making it easier to stack and unstack tables and chairs in the main store. Further improvement works are planned to take place over the winter.

The AGM of the Village Hall Trust will be held at **7.30 on the 11th October 2023**. The AGM is an opportunity to hear about the work of the Village Hall Trust and to ask questions of the Trustees. All residents are welcome.

Philip Hall, Chairman

Waldringfield Village Hall Trust

1 School Lane, Waldringfield

IP12 4QP

chair@waldringfieldvillagehall.co.uk

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