

Local Adnams pubs

In partnership with
ADNAMs
SOUTHWOLD

THE MAYBUSH Tel:01473 736215
Cliff Rd, Waldringfield, Woodbridge, Suffolk IP12 4QL

Location: Waterfront in village	Restaurant/dining room	Yes
Garden/courtyard	Bar meals	Yes
Children welcome	Accommodation	-
Disabled access	Dogs welcome	Yes
Parking available	Credit cards welcome	Yes



**Suffolk Coast
& Heaths**

Area of Outstanding Natural Beauty



This leaflet has been produced with the generous support of Adnams to celebrate the 40th anniversary of the Suffolk Coast and Heaths AONB.

"Adnams has been proud to work with Suffolk Coast and Heaths for many years on a variety of projects. We are based in Southwold, just inside the AONB and it is with this beautiful location in mind, that we have great respect for the built, social and natural environment around us. Over several years we have been working hard to make our impact on the environment a positive one, please visit our website to discover some of the things we've been up to.

We often talk about that "ah, that's better" moment and what better way to celebrate that, than walking one of these routes and stopping off at an Adnams pub for some well-earned refreshment.

If you take this leaflet along to The Maybush they'll be happy to offer you 10% off your meal before, during or after your walk."

Andy Wood, Adnams Chief Executive

adnams.co.uk 01502 727200

follow us on twitter.com/adnams

More Suffolk Coast and Heaths AONB pub walks



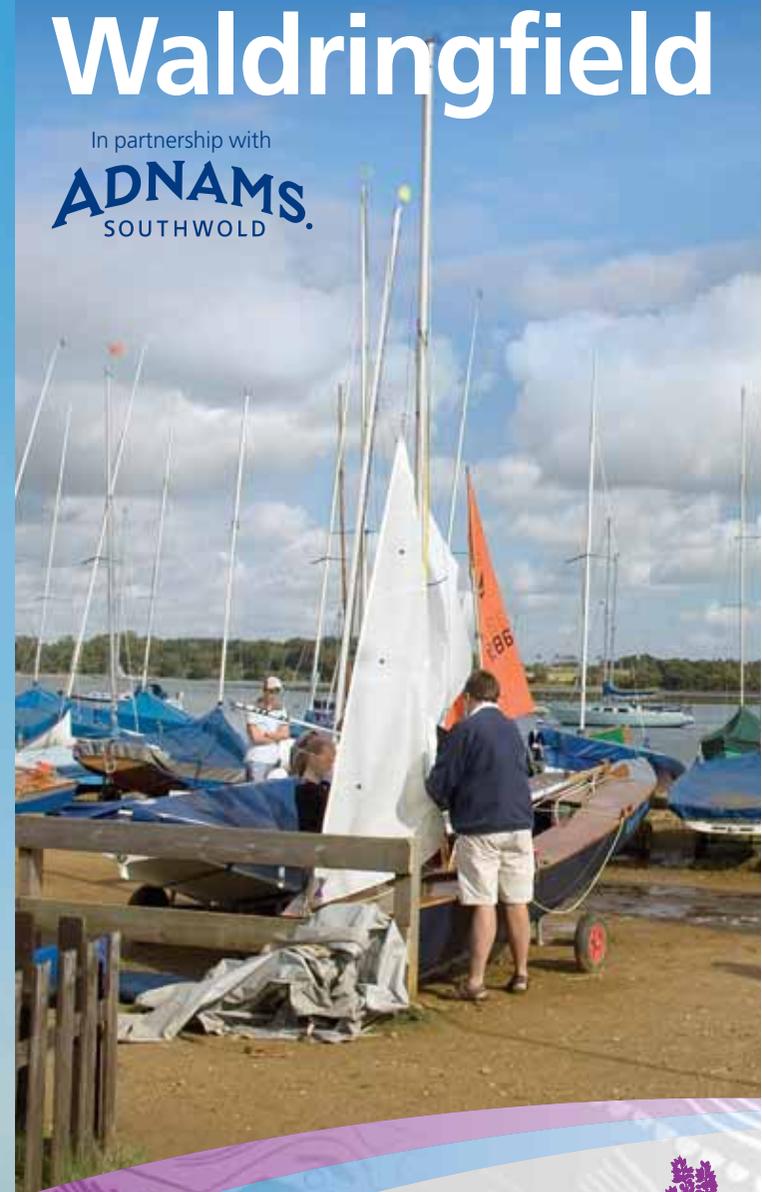
- | | |
|------------------|----------------|
| 01 Pin Mill | 08 Aldeburgh |
| 02 Levington | 09 Eastbridge |
| 03 Waldringfield | 10 Westleton |
| 04 Woodbridge | 11 Walberswick |
| 05 Butley | 12 Southwold |
| 06 Orford | 13 Wrentham |
| 07 Snape | 14 Blythburgh |



In partnership with
ADNAMs
SOUTHWOLD

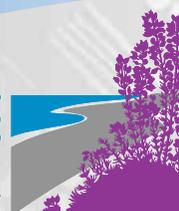
Waldringfield

In partnership with
ADNAMs
SOUTHWOLD



**Suffolk Coast
& Heaths**

Area of Outstanding Natural Beauty



Waldringfield Route overview

There is one route from the Maybush pub, 5 miles/8km. You will be amazed at the variety of landscape to be experienced in this one area. The route starts by heading south along the beach beside the river Deben, then inland but still very much in touch with the river. You will cross wide fields and soggy marsh to Newbourne, then into the weird and wonderful Springs woodland before making open country again and turning back to your start point.

Be prepared for a few bits of damp terrain, although the marshiest areas are provided with boardwalks.

If you want to make the Maybush pub a half-way stopping point rather than the start, consider parking at Newbourne Springs Nature Reserve car park, and joining the walk as follows: go out of car park, turn right, right again, past Newbourne Fox pub on right, take track at far right corner of pub car park.

Further information

Suffolk Coast and Heaths AONB

Tel: 01394 384948

www.suffolkcoastandheaths.org

Public Transport

www.suffolkonboard.com, 0845 606 6171



Crown copyright. All rights reserved.
© Suffolk County Council. License LA100023395

Waldringfield

Approx 5 miles/8 km



Starting from the Maybush, go down to the shore.

The impressive **quay** at the boatyard to your left is a relic of **Mason's Cement Works**, which operated in Waldringfield from 1870 to 1909. Mud from the river was mixed with chalk imported from the Medway. A hundred barges a month served the industry. The pier and twelve kilns are now demolished, but next to the pub stands a row of cement workers' cottages, their walls constructed of solid cast concrete.



Turn right along the beach, and take path in front of sailing club.



The beach is backed by a **sandy cliff**: this is the red crag, that supports the natural dry heathland. The crag also yields coprolites, fossils which when processed with sulphuric acid can be used as a phosphate rich fertiliser. Local farmers dug pits, extracted the coprolites,

and shipped them out from Waldringfield – a welcome income boost in the late 1800s. There is little evidence of this short-lived but lucrative trade other than depressions in the landscape where pits have been filled.



Before the very last beach hut, follow path right, through the trees and over a stream.

Waldringfield Wildlife Group has built a raft on one of these reservoirs to give a safe nesting site for common tern, helping to make up for loss and disturbance to its usual habitats – wetlands and coastal margins.



Follow bridleway between reservoirs 1, then up to open farm land with stunning views across salt marshes and the Deben.

The low-lying edges of the river, many of them **grazing marshes**, flooded extensively in 1953, when river walls in some places were barely above normal high water level.

In 2009, the Deben Estuary Partnership was formed to draw together local interests and work with national agencies to sustain this estuary – its habitats, farming, recreation and more - in the face of economic pressures, climate change, sea level rise, and storm surge flooding.

Saltmarsh wildlife is especially vulnerable, and the Deben has over 300 hectares, all under threat.



Sea Lavender



After White Hall, turn right up the road, then take bridleway left after cottage. Leave Hemley Hall on your right, and take path into field, which leads round onto the road to Hemley Church.

Hemley Church is of medieval origin, with a 13th century font, but the brick tower is Tudor. It is firmly rooted in the local community, the Waller family – with connections both sides of the river as farmers, landowners and coprolite entrepreneurs - having provided vicars here since 1864.



Turn right up hill past phone box, then fork left at Ivy Cottage 2 on to footpath across open farm land.

Follow footpath down hill leaving Ranglins Wood to your right, into a marshy valley with ponds and springs 3. Cross two stiles and follow path on to wooden walkway over a stream surrounded by beautiful freshwater marsh plants and flowers.

The footpath opens out behind Newbourne village hall, joining a road. Turn right, past Newbourne Hall, then take the right fork.

The Suffolk Coast and Heaths Area of Outstanding Natural Beauty (AONB) is one of Britain's finest landscapes. Located on the coast of East Anglia and covering 403 square kilometres, the AONB extends from the Stour estuary in the south to the eastern fringe of Ipswich and to Kessingland in the north.

www.suffolkcoastandheaths.org

Suffolk Coast & Heaths
Area of Outstanding Natural Beauty



Walk continued

 Turn left into the top end of the pub (Newbourne Fox) car park, and take track 4 – past Crag Cottage, echoing the coprolite trade of the past. Cross a stile into the Newbourne Springs Nature Reserve.

Until the 1980's, the Springs area provided water for Newbourne. The water emerges at the junction of the porous Red Crag and the impermeable London Clay beneath. The area is now managed by the Suffolk Wildlife Trust.

Reedbed and **fen** have replaced grazing meadows at the lower end of the valley, and the swampy areas also favour the **alder carr woodland**. Drier slopes support tall oak and ash trees, above which there is heathland.



Common Darter Dragonfly



The different habitats here support a huge range of wildlife:

- watercress and mint, sticklebacks and dragonflies in the stream, damselflies in the pond
- siskins, redcurrants and orchids in the swamp woodland
- woodland flowers like bluebells and primroses, nectar-loving insects, woodpeckers and tree creepers on the dry slopes
- Butterflies, crickets and nightingales on the heath

 Keep straight on (don't take footpath to right). Pass through a kissing gate then take a right hand footpath through woods. A wooden walkway carries you over the swampy ground, leading to the end of the nature reserve, out and over a stile to your left 5.

The path runs along the edge of a motocross track - keep straight on until you meet open farmland and then the Newbourne Road 6.

Turn right along the road for 400m, then take footpath left through fields, to T-junction with track 7: turn right, past farm buildings and houses.

 Just beyond Waldringfield Village Hall 8 take footpath, then left through field, and past a cream-coloured bungalow 9. Continue through hedgerow and across road to continuation of footpath through playing field and a further field, then left along a track 10 that takes you back to a road. Turn right for the Maybush.

Optional extra: for a final treat, a fabulous view down the river Deben, take the next footpath right, then turn left to reach the car park and the Maybush.

