

Eastern Angles touring theatre visits Waldringfield Village Hall with **Guesthouse** on Wednesday 28th March at 7.30pm



This is a poignant and beautifully observed drama set in Clacton, in which three generations of women have to set aside differences as they decide the fate of their family-run B & B.

Guesthouse asks what it's like when the town you were proud to grow up in becomes impoverished.

Tickets from Colin and Betsy Reid, Dormers, Cliff Rd, Waldringfield 736506 or email colinreid2@btinternet.com or betsyr@talk21.com Adults £10.00 – Under 18 £6.00 - No separate discount for Seniors this year

The next **Coffee Mornings** will be on 8th March and 5th April.



The March Coffee Morning (postponed from 1st because of the weather) will be a special Easter themed event.

There will be a *Body Shop* stall, and everyone who buys

tea/coffee and cake will be given a **free raffle ticket**, with the chance of winning Easter related prizes!

PS. The recent Coffee Morning in aid of Suffolk Refugee Support raised £,282. Thanks to everyone who attended, donated or offered raffle prizes, and particularly to the coffee morning team who made it all happen! Libby Ruffle



Wildlife Group talk on April 14th on **Dragonflies** by Adrian Parr, Suffolk Dragonfly Recorder & British Migrant Dragonfly Officer

Meeting starts at 10am, talk at 11am Coordinator: Linda Wilkins 736044 linda.thequay@btinternet.com



Beginners Ballroom Dancing sessions continue at the Village Hall on March 16th from 5-6pm, with space for four more couples...



Volunteers needed!

Please join us on Sunday April 22nd from 9am to noon for the Village Hall's Annual Spring Clean. Free refreshments provided!



Save the date:

You are also welcome to the Village Hall

ANNUAL GENERAL MEETING

on Monday June 11th at 7.30pm

Save the date: Sunday May 20th 2pm – 5pm
Waldringfield Gardeners' Open Gardens & Scarecrow display...

Get your thinking caps on now! Also: advance notice of the Pumpkin Party and Lantern Parade - think about reserving your pumpkin plants, to plant at the end of May, from Waldringfield Primary school now..

Other news... the dates for the Mobile Library are Thursdays March 22nd and April 19th. From 3.15 to 3.45pm in *Village Way*

Mobile Grocer (Sonya and Sheila) every Tuesday 9.50 - 10am *Village Way* and 10.10 - 10.30am *Sullivan Place*

Thursday March 1st might be St David's Day, full of daffodils and leeks, but that doesn't stop you setting aside some time at 7.30pm, to take in *An Introduction to Meditation & Mindfulness*' by Lisa-Sumala Carter, lately a resident of the village. This will be an interactive talk exploring meditation and simple ways to implement the practice into daily life with mindfulness. The audience will be invited, for 10 minutes or so, to experience a few exercises which merely involve closing the eyes, breathing, and listening. No running, jumping or lying down involved! £4 gets you in and secures refreshments.

On Thursday April 12th Stephen Poulter, currently an auctioneer at Acorn Auction's in Sawbridgeworth, Hertfordshire, will present *To the Hammer Born: Confessions of an Occasional Auctioneer.* As an auctioneer and online dealer in antiques, vintage items and collectables, the speaker proposes to reveal the insider secrets of how to make a living in the trade! Using examples from the wide variety of items, pictures, furniture and ceramics which he sells, he will tell us fascinating stories behind all sorts of historical objects. There is a fun quiz element with the audience members being invited to identify unusual objects and to guess the value of other items.

The Village Hall Committee are looking for a Volunteer Bookings Secretary.

Full training will be given.

Mondays

To find out more about this role, please ring either Marian 736126 or Colin 736506 or contact villagehall.bookings@btinternet.com



DATES FOR YOUR DIARY March/April

Mar 8th Easter Coffee Morning (postponed from March 1st)

Mar 13th Parish Council Meeting

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m Ballroom}~{
m Dancing}$

 $Mar\ 28^{th}\ Eastern\ Angles$

April 5th Coffee Morning

April 10th Annual Parish Meeting

April 12th Auctions Winter Talk

April 14th Dragonflies Talk

April 22nd Village Hall Spring Clean

Save the Date:

May 20th Scarecrow Display & Open Gardens
June 8th Auction of Promises

June 11th Village Hall AGM

REGULAR VILLAGE HALL EVENTS

Tuesdays Social Club John Nayler 736228
Parish Council Meetings 01255 678888

Post Office Van 11am-12.30

Wednesdays Post Office Van 11am - 12.30

Art Group *Liz Kennedy 736637*Bridge *Norman Rea 736577*

Tone & Stretch *Di Taylor 07748 611730*

Thursdays Art Group Kit Clark 736670

History Group (Sep-March) Joe Clark 736670 Wine Club (3rd Thurs of the month) David Eaton 736754

Fridays Post Office Van 11am-12.30

Tone & Stretch *Di Taylor 07748 611730*

To make a booking, contact the Bookings Secretary villagehall.bookings@btinternet.com

To **publicise an event**, contact Focus Editor Libby Ruffle on 736523 or libby@aptranslations.co.uk

Village Hall Lottery - Nigel King 736060