

YOUTH PROVISION IN EAST SUFFOLK

The Youth Provision Booklet for young people has been created by the East Suffolk Rural Youth Project at Community Action Suffolk.

This booklet collates information about the provision, support and guidance available to young people in East Suffolk. It includes a dedicated section for each of the community partnership areas with support and activities available in your local area:

- Lowestoft and Northern Parishes
- Beccles, Bungay, Halesworth and surrounding villages
- Carlton Colville, Kessingland, Southwold and surrounding villages
- Framlingham, Wickham Market and surrounding villages
- Aldeburgh, Leiston, Saxmundham and surrounding villages
- Woodbridge, Melton and surrounding villages
- Kesgrave, Martlehsam and surrounding villages
- Felixstowe Peninsula

It also includes sections on support for mental health, young people and their families, careers, employment and volunteering, health, LGBTQ+, ethnic minorities and education as well as helpful apps and information about East Suffolk Youth Council, Wellbeing Friends and Youthwatch.

The online booklet is available on the Community Action Suffolk website or using the QR code below.



Printed copies will also be available from selected venues throughout East Suffolk and from Community Action Suffolk (Brightspace, Ipswich or the Kirkley Centre, Lowestoft)